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Andrew Durnait - athlete from USA. Andrew has been an athlete through most of his life. Starting with an ice hockey at the age of 8, he continued until 18. Being in high school he also played lacrosse. Lacrosse led him to Ohio Wesleyan University, where he was an All-American at defense. This lacrosse playing experience earned him an assistant coaching position in lacrosse at the College of Wooster.

He started **lifting kettlebells** in 2006 and competed in his first competition at the Olga, Latvia world championships where he completed 42 jerks and 97 snatches with the 32kg kettlebell. His next major competition was November 2007 in Miami, Florida at the AKC championships where he completed 79 jerks and 147 snatches with the 32kg kettlebell. In 2008, then he went to Hamburg, Germany for the Long-Cycle championships and completed 45 repetitions with the 32kg kettlebells. In 2009, he competed in Chicago in biathlon and completed 76 jerks and 120 snatches with the 32kg kettlebells.

Andrew Durnait is currently training in long-cycle with the 28kg kettlebells and is going to have competition results with this weight on January 30, 2010. He will be competing with the 32kg kettlebell in long-cycle on March 28, 2010.

