

On Saturday 27th March **Australia** saw its biggest **kettlebell sport** meet to date: a whopping 7 competitors! Now in many other countries this sounds very, very small, but in Australia, where kettlebell sport has only really been accessible to people for about a eighteen months this was BIG.



The competition was held at Kettlebell Athletica in **Melbourne**. So big was the lure of the event that a couple of people even came from interstate to attend. One of the biggest problems with kettlebell sport in Australia is that their population is very spread out over a very large land mass, so it's very difficult to get everyone together for a meet.

Even though they don't takes their kettlebell competitions too seriously at this stage (because they're such newbies) and the aim of the game is fun and to hopefully get a PB, the competitors (including myself) were pretty nervous beforehand and anxious to get started.

[Australian kettlebell lifters](#) are trying to increase the standard of lifing in Australia by having formal judging, and this was the first competition where they tried this out and even handed out a few no counts for illegal reps. So with two platforms and two judges the comp was ready to roll.

Every competitor, without exception, gave it their all and more hit a PB on the platform. The spectators, most of whom had never seen a live **kettlebell sport competition**, were very quiet during competitors' sets but gave hearty applause after. Any of them didn't found it boring - ten minutes goes much faster when you're watching!

There were also some strongman demonstrations, some juggling and a kettlebell relay race to finish off the day.

They will continue to strive to improve the quality of kettlebell lifting in Australia and attract more competitors to their meets.

Here are the results:

### **Men's Traditional Events**

# Australian Kettlebell Event

Monday, 05 April 2010 10:16

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Age	Weight	Kettlebell	Lift
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R

Biathlon

David Tabain	20	82	20
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110

20	Snatch	111	131
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Paul Tucker	47	75	24
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J

103

Snatch	80	74	154
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Simon Hikaka

91	24	Jerk
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66

# Australian Kettlebell Event

Monday, 05 April 2010 10:16

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Snatch	72	68	140
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## Women's Traditional Events

Age	Weight	Kettlebell	Lift
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Biathlon	Sarah Cheetham		
62	12	Jerk	72

Snatch	91	90	181
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Jerk	Emily Friedel	29	63.5
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50	50	100
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OALC	Barbie Badcock	28	75
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# Australian Kettlebell Event

Monday, 05 April 2010 10:16

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53	48	101	
Snatch	Katherine Field	26	79

84	79	163
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Thanks Emily Friedel for info (<http://achyball.com>)