



Last weekend in Tampere (Finland) was held World Championship of IUKL. There were 10 teams from different countries: Lithuania, Latvia, Finland, Sweden, Croatia, Russia, Kazakhstan, Poland, Ukraine and England.

The level of competition was very high, many participants showed great results. For example representative of Russia [Ivan Denisov](#) set new world record in long cycle. His result is 116 reps! It's really great result!

In team competition won [Russian team](#) . Russian team won competition among juniors too.

Relay was very interesting part of competitions for audience. Every participant should jerk kettlebells 3 minutes. Every team have 5 participants. Best result showed Russian team again.

We congratulate all participants with their results and wish you to show best result next time. Thanks for Finnish organizers.