



In **Siauliai** city (Lithuania) 14-15 May, were held IUKL **European Championship** and Junior European Championship. May 16 the kettlebell lifting was presented in the International Sport Games "SAULES MIESTAS".

In European Championship competition among professionals were athletes from 8 countries - Estonia, Latvia, Lithuania, Norway, Ukraine, Belarus, Kazakhstan and Russia (total was 15 countries).

On the first day were competitions in biathlon (jerk and snatch), the second day - a long cycle competition.

Russian team won the team competition. Congratulations to all champions and winners!

The great result showed Russian athlete in w.c. 63 kg [Jonny Benidze](#) . He did jerk 130 reps and snatch 204 reps! With 32 kg kettlebells, of course.

May 16 at the Conference of European Sports Committee was officially announced about including kettlebell sport in the official competitive program of the European Sports Games which will be held in Siauliai in 2011, as well as in V World Games TAFISA "Sport For All", 2012.

You can see results [here](#)