



IUKL **World Kettlebell Championship 2018** was held 10th-15th October in **Daugavpils** (Latvia). Representatives of 32 teams took part of this competition (30 countries and 2 International academies), around 600 participants. More and more professional athletes every year. Competitors getting stronger, numbers getting bigger watching getting more interesting.

The most interesting competing was showed by Ivan Markov (Russia). He achieved 3 new absolute world records: 176 jerks, 125 snatches and 288,5 points of biathlon. It is incredible result!

The new official discipline of IUKL International competitions – ladies' long cycle. It is very hard exercise for ladies. It was very interesting for watching. The first great result was 71 reps - Kårstad Støfring Beate (Norway), she won bw category 68 kg. Then visitors could watch most interesting competing between Kimberly Fox (USA) and Irina Martynova (Russia). Irina won this competition with result 73 reps. Kimberly's result is 68 reps.

Every year we were watching strong competition between Nikolay Kichimaev (Russia) and Eugeny Goncharov (Kazakhstan). Long cycle, bodyweight class over 95 kg. This time Nikolay won 88:83.

First three places of team competition: Russia, Ukraine, Kazakhstan.

Full results available in our ["results" section](#) . Lot of videos of this championship available on our [YouTube channel](#) .

